



**READY,
SET,
KINDERGARTEN!**



Social Intelligence

Why is it important? Research shows that a child's academic success in early elementary school is linked to their social and emotional skills. Kids who are more socially intelligent have better overall mental health and are more likely to have healthy, happy, and fulfilling relationships.

How can we practice at home?

Everyday Tips: When you're reading books together, have your child explore the emotions they see on the characters' faces. Ask them how they think the character feels... have they ever felt that way? Can they empathize with the character based on their own past experiences? Can they recreate the feeling on their own face or with their own body language?

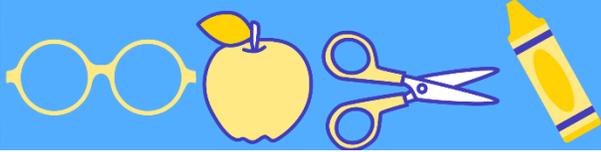
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Social Intelligence Continued



Activity: This week, task your child with being a good listener and friend. Have your child interview people they know- mom, grandpa, uncle, a new friend on the playground, etc. and help them write the answers they learn here. Feel free to help them think of more questions!

What is your favorite color?

Where's the farthest place
you've been?

What is your favorite animal?

Are you afraid of anything?

What is your very favorite food?

Where were you born?
